

Monday

Tuesday

Wednesday

Thursday

Friday

Egg, Cheese, Sau. Burrito
Yogurt Parfait
Assorted WG Cereal **1**

Sau., Egg, Cheese Muffin
Yogurt Parfait
Assorted WG Cereal **4**

WG Pancake on Stick
Yogurt Parfaits
Assorted WG Cereals **5**

Bagel, Egg, Cheese,
Sau., Sand.
Yogurt Parfaits
Assorted WG Cereals **6**

Sausage Biscuit
Yogurt Parfaits
Assorted WG Cereals **7**

Egg, Cheese, Chorizo Burrito
Yogurt Parfaits
Assorted WG Cereals **8**

No School
Veteran's Day **11**

Bagel, Egg, Sau., Cheese
Sand.
Yogurt Parfaits
Assorted WG Cereals **12**

Egg & Cheese Burrito
Yogurt Parfaits
Assorted WG Cereals **13**

Sau., Egg, Cheese Muffin
Yogurt Parfaits
Assorted WG Cereals **14**

Sausage Biscuit
Yogurt Parfaits
Assorted WG Cereals **15**

Sau., Egg, Cheese Muffin
Yogurt Parfaits
Assorted WG Cereals **18**

WG Pancake on Stick
Yogurt Parfaits
Assorted WG Cereals **19**

Bagel, Egg, Sau., Cheese
Sand.
Yogurt Parfaits
Assorted WG Cereals **20**

Sausage Biscuit
Yogurt Parfaits
Assorted WG Cereals **21**

Egg, Cheese, Chorizo Burrito
Yogurt Parfaits
Assorted WG Cereals **22**

Sausage Biscuit
Yogurt Parfaits
Assorted WG Cereals **25**

WG Pancake on Stick
Yogurt Parfaits
Assorted WG Cereals **26**

Sausage, Egg, Cheese Muffin
Yogurt Parfaits
Assorted WG Cereals **27**

No School
Thanksgiving Holiday **28**

No School
Thanksgiving Holiday **29**

*Breakfast includes;
Fresh Cut Seasonal Fruit
Fresh Baked WG Cinnamon Rolls
Variety Milk



NOVEMBER 2019

Monday

Tuesday

Wednesday

Thursday

Friday

4
Baked Cheese Pizza
Chicken Patty on Bun
PBJ
Carrots
Cinnamon Applesauce

5
Crunchy Tacos/Rice
Baked WG Corn Dog
PBJ
Pinto Beans
Diced Peaches

6
Tangerine Chicken/Rice/Egg
Roll
Macaroni & Cheese w/ B. Stick
PBJ
Green Beans
Mandarin Oranges

7
Cheeseburger on Bun
Chicken & Waffles
PBJ
Corn
Slice Pears

1
WG Stuffed Cheese Stick w/
Sauce
Spaghetti & Meat Sauce w/ B..
Stick
PBJ
Cole Slaw
Pineapple Tidbits

8
Buffalo Chicken Pizza
Pepperoni Calzone
PBJ
Broccoli Florets
Pineapple Chunks

11
No School
Veterans Day

12
Beefy Nachos
Grilled Cheese Sandwich
PBJ
Black Beans
Pineapple Tidbits

13
Teryaki Chicken/Rice/Egg Roll
Pepperoni French Bread Pizza
PBJ
Yellow Wax Beans
Mandarin Oranges

14
Hamburger on Bun
Chicken Tenders w/ B. Stick
PBJ
Baked Fries
Slice Pears

15
Baked Cheese Pizza
Spaghetti & Meat Sauce w/
B.Stick
PBJ
Spinach
Cinnamon Applesauce

18
Buffalo Chicken Pizza
Chicken Patty on Bun
PBJ
Carrots
Pineapple Tidbits

19
Crunchy Tacos/Rice
Bean & Cheese Burrito
PBJ
Pinto Beans
Sliced Pears

20
Tangerine Chicken/Rice/Egg
Roll
Macaroni & Cheese w/ B.Stck
PBJ
Squash
Mandarin Oranges

21
Cheeseburger on Bun
Chicken & Waffles
PBJ
Mashed Pot/Gravy
Cinnamon Applesauce

22
Baked Pepperoni Pizza
BBQ Chicken Sandwich
PBJ
Broccoli
Diced Peaches

25
Pepperoni Pizza
Baked Mesq.Chicken Leg
PBJ
Baked Swt. Potato Fries
Sliced Pears

26
Traditional Thanksgiving
Holiday Meal

27
Teryaki Chicken/Rice/Egg Roll
Pepperoni French Bread Pizza
PBJ
Zucchini Squash
Mandarin Oranges

28
No School
Thanksgiving Holiday

29
No School
Thanksgiving Holiday

*Lunch includes,
Varity Milk
Salad Bar

