

The Preschool Press

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Themes: Snow Days & Day and Night

This month your child will be participating in a variety of fun and educational activities and experiences as they learn about fun things to do in the snow and dressing for the weather as well as day, night, and other things in space!

These activities include: stories, songs, poems, art, science, and much more!
Your child will also be introduced to, work with, and learn about:

Letters: li, Nn, Yy

Shape: Crescent

Counting: 1-20

Pattern: A-B-C

Number Sense: 6

Colors: Blue, White, and Yellow*

*Review Color



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Some of January's Songs, Poems, & Fingerplays



"Star Light, Star Bright"

Star light, star bright
 First star I see tonight
 I wish I may, I wish I might,
 Have this wish I wish tonight!



"Snow Fun"

Tune of "Row, Row, Row, Your Boat"

Up, Up, Up the hill, Up the hill we go
 Down, Down, Down we slide, Then up the hill we'll go!
 Glide, glide, glide across, Glide across the ice
 Jump, leap, spin around, Skating is so nice!
 Roll, roll, roll the snow, Into a great big ball
 Add a face and a hat, Our snowman is so tall!

"Snowman, Snowman"

Tune of "Twinkle, Twinkle Little Star"

Snowman, Snowman shining bright
 In the winter sunlight
 Please don't melt I beg of you
 So my friends can see you too
 Snowman, Snowman don't go away
 Cause I'll be back another day

"Day to Night"

"The Ants Go Marching"

Tune of

The Earth is spinning round and round, hurrah, hurrah
 The Earth is spinning round and round, hurrah, hurrah
 The Earth is spinning round and round it makes us go from day to night
 And we all keep going round and round from the dark to the light! Spin, spin, spin, spin!





Games and Activities - I See Something

There are times — waiting in the doctor’s office, sitting on a bus— that are boring.

Here’s a game to play anywhere, any time that time drags. It teaches children to get information

by asking good questions.

Say: “I SEE SOMETHING.” (It has to be something you can both see.)

Then give a clue: “It’s on your

head,” is pretty easy. “It’s made of leather,” is harder. “It’s red and square,” may be pretty tough.

“It’s bright when it’s on and dark when it’s off,” is a kind of riddle.

If one clue isn’t enough, add another: “It’s red and square and soft.” “It’s red and square and soft and I’m leaning against it.”

Children just starting on this game have no good strategy for getting the answer. They look around and guess wildly.

So, when it’s her turn to see something, listen to her first clue, but then ask questions of her that will help her develop strategies.

“Is it up high or down low?” (That tells you where to look.)

“What color is it?” (That narrows the choice.)

“Is it smaller than my shoe?” (This gives you an idea of size.)

Development - Teaching By Demonstration

When giving children a difficult or unfamiliar instruction, it’s easier for them to follow if you demonstrate.

Words often aren’t enough for children to perform an unfamiliar action. They need to be shown as well as told.

If the activity is complicated, they’ll need to be shown slowly, in small steps and given a chance to practice until they can do it.

This is a good guide for specific learning activities (getting dressed) as well as for things you ask your children to do around the house (setting the table).

More Songs, Poems, & Fingerplays

“5 Little Astronauts”

5 Little astronauts (hold up 5 fingers) **going into space** (point to the sky)
The first one (hold up 1 finger) **said, “Let’s have a race!”** (run in place)
The second one (hold up 2 fingers) **said, “But I see falling stars out there.”** (hand to forehead & look up) **The third one** (hold up 3 fingers) **said, “But we don’t care!”** (shake head no) **The fourth one** (hold up 4 fingers) **said, “Let’s get up in the sky!”** (raise both arms up to the sky)
The fifth one (hold up 5 fingers) **said, “We want to fly, fly, fly!”** (Hold arms out like a plane) **Then Rrrrrr went the rockets into the night** (squat down on the floor) **And the 5 little astronauts blasted out of sight!** (jump up into the air)



“The Phases of the Moon”

Tune of “Farmer in the Dell”

The phases of the moon, the phases of the moon!
Oh wow! Look at it now! The phases of the moon!
First it is a crescent, first it is a crescent! Oh wow! Look at it now! First it is a crescent!
Then it is a half, then it is a half!
Oh wow! Look at it now! It is a half. Next it is a gibbous, next it is a gibbous! Oh wow! Look at it now! Next it is a gibbous!
Finally it is full, finally it is full!
Oh wow! Look at it now! Finally it is full!
The phases of the moon, the phases of the moon!
Oh wow! Look at it now! The phases of the moon!

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